

Why it's So Hard to Understand Opera

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Vocal-tract resonances enhance the output of the vocal cords. They also create the distinctions between different vowel sounds. For sopranos singing high notes, the two functions come into conflict.

A frustrated listener might well define grand opera as musical theatre where you have a hard time making out the words even when they're being sung in your own language.

Conceding the point, many opera houses nowadays always flash surtitles above the proscenium. Comprehension is particularly difficult in the higher reaches of the soprano register.

Hector Berlioz long ago warned composers not to put crucial words in the soprano's mouth at high notes.

A recent study at the University of New South Wales in Sydney, Australia, lays most of the blame on an inescapable trade-off dictated by the physical acoustics of vowel differentiation and singing very high notes. Acoustical physicists John Smith and Joe Wolfe, working with physics undergraduate Elodie Joliveau, have carried out an experiment that demonstrates why different vowel sounds are almost impossible to distinguish when sopranos are singing in the highest octave of their range¹.

The experimental subjects were eight professional operatic sopranos. Joliveau is herself a soprano, Wolfe is a composer and woodwind player, and Smith plays the double bass. The experimenters used equipment developed by

Smith and Wolfe for the analysis of acoustic resonances in musical instruments and in the vocal tract during ordinary speech.

The equipment is, in fact, designed to help adults master the sounds, especially the vowels, of a new language. It's also being applied to the correction of speech pathologies.

Vocal tract resonances

In ordinary speech or singing, the fundamental pitch frequency f_0 is determined by the tension applied to the vocal cords. (The alternative term "vocal folds" is more anatomically precise.) The output at f_0 is accompanied by a harmonic series of overtones nf_0 . If there were no resonant effects in the vocal tract, which extends from the cords to the lips, the amplitudes of successive harmonics would fall off by about 12 decibels per octave.

But the vocal tract does present a sequence of resonant frequencies R_i . Consequently, any harmonic nf_0 from the vocal cords that happens to lie close to one of the R_i is enhanced.

To make the various vowel sounds, a speaker or singer must change these vocal-tract resonances by altering the configuration of tongue, jaw, and lips.

The distinction between different vowel sounds in Western languages

is determined almost entirely by R_1 and R_2 , the two lowest resonances. That is, vowels are created by the first few broad peaks on the amplitude envelope imposed on the overtone spectrum by vocal-tract resonances.

For the vowel sound in "hood," as pronounced by a male speaker of "standard" Australian, $R_1 \approx 400$ Hz and $R_2 \approx 1000$ Hz. By contrast, to produce the vowel in "had," he must raise R_1 and R_2 to about 600 and 1400 Hz, respectively, by opening mouth wider and pulling the tongue back.

For women, the characteristic resonance frequencies for a given vowel sound are roughly 10% higher. But for both sexes, the pitch frequency f_0 in speech and singing is generally well below R_1 for any ordinary vowel sound – except when sopranos are singing really high notes. And this is when vowel distinctions become problematic.

Striving to be heard in the last row of a large opera house, often in competition with a full orchestra, a soprano needs all the help her vocal-tract resonances can provide. But R_1 is useless as an amplifier when f_0 exceeds it.

The highest octave of the soprano range typically extends from C5 (523 Hz) to C6 (1047 Hz). That octave also happens to be the beginning of the frequency range

in which human hearing is most sensitive.

In the 1970s, Johan Sundberg (Royal Institute of Technology, Stockholm), a pioneer in the

analysis of singing acoustics, presented evidence that the tricks sopranos are traditionally taught for maintaining volume at high notes ("open your mouth s wide and smile") actually serve to raise

R_1 toward f_0 . But, with the technology then at his disposal, Sundberg could not confirm his conjecture directly².

For any one note, the singer's frequency spectrum could sample the resonant structure of the vocal tract only at f_0 and its overtones – that is, at discrete frequencies hundreds of hertz apart.

The Sydney experiment

By contrast, the Sydney group's new technique probes the vocal tract almost continuously over the frequency range 0.2 – 4.5 kHz. Adjacent to a microphone touching the subject singer's lower lip is an acoustical current source – the output horn of an electronic

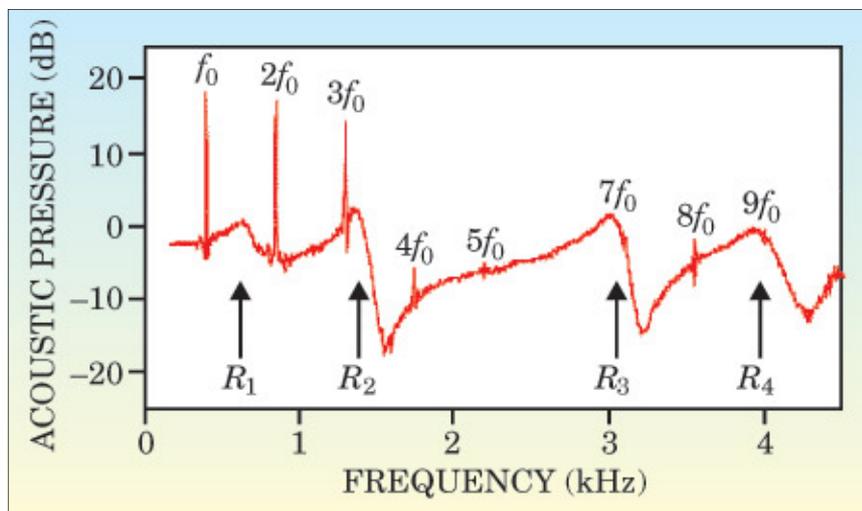
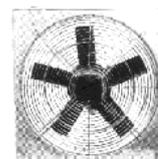
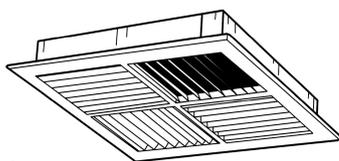


Figure 1. Simultaneous measurement of the harmonic spectrum of a soprano singing and of the resonant effect of her vocal tract on the flat broadband spectrum from a synthesiser just outside her mouth. The soprano sustained the note A4 ($f_0 = 440$ Hz) with the vowel sound in "hard." The overtones are labelled nf_0 and the vocal tract resonances are marked R. (Adapted from ref. 1.)

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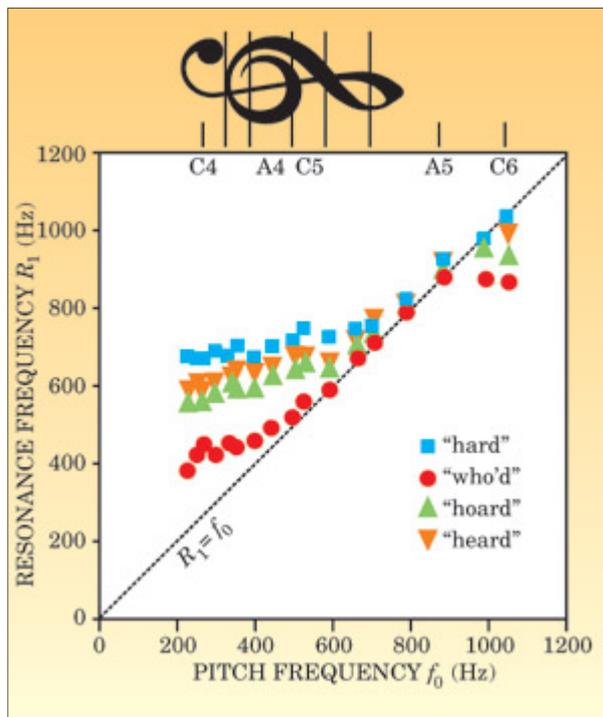


Figure 2. Measured rise of the first vocal-tract resonant frequency R_1 with increasing pitch frequency f_0 for various sustained vowel sounds sung by classically trained sopranos. For low notes, R_0 is roughly constant at its characteristic value for the particular vowel sound in ordinary speech. To the right of the diagonal, f_0 would exceed R_1 , rendering the first resonance useless. Therefore, as the experiment shows, sopranos singing high notes tend to tune R_1 to keep pace with f_0 . That improves volume and timbre, but at the cost of losing the distinction between different vowel sounds. (Adapted from ref. 1.)

sound synthesiser that is calibrated to present the microphone with a flat broadband frequency spectrum when the singer is silent with her mouth closed.

In the Sydney experiment, the subject sang a sustained note with a given vowel sound while the synthesiser was on. Thus the frequency spectrum recorded by the microphone (see figure 1) combined the narrow spikes of the singer's fundamental pitch frequency and its overtones with the much broader, but still well-defined, peaks that exhibit the modification of the synthesiser output by the resonances in that particular vocal-tract configuration.

The spectrum in figure 1 was produced by a soprano sustaining the note A4 (440 Hz) for four seconds with the vowel sound in "hard." The observed R_1 in that case, about 650 Hz, was comfortably above the 440 Hz fundamental. And it was essentially the same as the R_1 for that vowel sound in ordinary speech.

But what happens to the first vocal-tract resonance as the soprano goes up the scale to higher notes? Figure 2 plots the Sydney experiment's measured change of R_1 with

increasing f_0 for four different vowel sounds.

At low frequencies, the R_1 values are well separated and roughly independent of f_0 . They are about the same as they are in speech.

If these plateaus were to continue to higher pitch frequencies, f_0 would eventually surpass R_1 and thus render the first, and most important, resonance acoustically useless. But as f_0 approaches the diagonal that delineates $f_0 = R_1$, we see that R_1 begins to rise, as Sundberg had argued, eventually becoming equal to f_0 and thus strongly amplifying the fundamental note produced by the vocal cords. This "tuning" of R_1 also serves the important function of minimising unintended variation of loudness and timber with pitch.

Morphologically,

what's happening is that the trained singer is progressively flaring the front end of her vocal tract by lowering her jaw and pulling back the corners of her mouth in an exaggerated smile (see figure 3). The first resonance of an unflawed cylinder is at the frequency for which the cylinder's length is 1/4 of the wavelength of a standing acoustic wave. The effective length of an adult's vocal



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Figure 3. Soprano Kirsten Butchatsky was a subject in the Sydney group's experiment¹. By lowering the jaw and pulling back the corners of the mouth for very high notes, a classically trained soprano raises the lowest resonant frequency of her vocal tract. (Photo courtesy of Joe Wolfe.)



tract is typically 15 – 20 cm. But just as in brass instruments, the greater the flaring for a given total length, the higher is R_1 .

Understanding the words

The asymptotic convergence of f_0 and R_1 in figure 2, continues all the way up to C6, except for the vowel sounds in “hoard” and especially in “who’d.” Wolfe explains: “For those vowels you round your lips, and in that facial mode it’s uncomfortable, if not anatomically impossible, to raise R_1 above a kilohertz.” Composers tend to avoid such vowel sounds at the highest notes.

A notable exception was Beethoven, who became notoriously indifferent to singers’ limitations after he went deaf. In the choral movement of his ninth symphony, the soprano soloist has to sing her highest note (B5 = 989 Hz) on the unlauded U in *flügel* (wing), an even more daunting vowel sound than that in “who’d.”

As the first vocal-tract resonances

converge with increasing f_0 , it becomes more and more difficult to distinguish words. If the plot depends crucially on whether the heroine is singing “bird,” “barred,” or “bored” at A5 (880 Hz), you’d better keep your eyes on the surtitles rather than the dagger.

What if a soprano were willing to forgo the benefits of raising R_1 for high notes? That would only partially solve the comprehensibility problem. Even for constant, well-separated R_1 frequencies, vowel distinction becomes increasingly harder with rising pitch. That’s because f_0 is the spacing between overtones. The higher the note, therefore, the more sparsely does the sound produced by the vocal cords sample the resonant spectrum of the larynx and mouth.

On the Sydney music-acoustics group’s Web site³, one can listen to the gradual disappearance of all

vowel distinction as a soprano ascends the scale from C4 to C6

The site also poses a “soprano challenge.” Any classically trained soprano who believes she can maintain clear vowel distinctions at the top of the scale is invited to contact the group “If we find someone who can indeed defy what we think is a fundamental physical limitation, says Wolfe, “that would be the basis for a very interesting study.”

References

1. E. Joliveau, J. Smith, J. Wolfe, *Nature* 427, 116 (2004) [MEDLINE].
2. J. Sundberg, *The Science of the Singing Voice*, Northern Illinois U. Press, Dekalb, IL (1987).
3. <http://www.phys.unsw.edu.au/~jw/>

Dilbert Quotes:

1. "As of tomorrow, employees will only be able to access the building using individual security cards. Pictures will be taken next Wednesday and employees will receive their cards in two weeks." (Fred Dales, Microsoft Corp).
2. "This project is so important, we can't let things that are more important interfere with it." (Advertising/Marketing manager, United Parcel Service).